

Meet & Eat Sessions

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Community Need Statement

Community wellbeing in rural areas, such as Del Norte County, is affected by lack of resources. With those resources that are available, it is critical to link community members with knowledge about them so that they can be accessed. The county of Del Norte's school district lacks an abundance of resources, including those linked to finding one's career path post high school graduation. For this project, we meet this need by providing Meet and Eat sessions that will provide students with options as well as opportunities to connect with resources within the community.

Theoretical Issues/Literature

- "Intersectionality informs this project as to the ways in which complex identities require complex intervention."
- Intersectionality then connects to the disadvantages you see within marginalized communities. The Effects of a College Access Program for Youth discusses how pre-college outreach can make an academic impact.
- As Bowen (2022) writes, "individuals cannot be understood in isolation from one another, but rather as part of a family, as the family is an emotional unit." Family systems theory posits that families are interconnected with one another and by communicating with parents it helps show the support students have.

Acknowledgements

*Meet and Eat
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Community Partner: Pam Wilder
I would like to thank Pam Wilder my community partner as well as Carol O'Baugh who helped provide support and resources/funding for this project. Thank you for entrusting me to help support your community.*

Relevant Image/Figure Below



Credibility Statement

My awareness of the struggle within marginalized communities comes from my own experiences. Being a person of color helped me connect with this community and develop an ethical and effective project. The support I am giving to students is support I wished I had within my own school system. I have also kept myself accountable by seeing the privilege I have because of my professional stance. With this awareness, I've found ways to support my community in non harmful ways.

Method

I collaborated with the school district to host these workshops. I met individually with students to promote the project and see what they would like to see in these workshops. To create sustainability, I am working with a coordinator within the agency who will take on this project when I am gone, and provide them with access to a google drive that contains a list of resources and relevant materials.

Deliverable/Results

Each month a workshop was meant to be held to provide resources to students. Each session had a different representative from the community. Students were able to learn about EOP services and resources and learn about job opportunities in their community. The project did not pick up until March due to the lack of incentives and interest from students.

References

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GenoPro. (n.d.). *Family systems theory*. GenoPro.