

Junior Monitors Project

Taevia Salazar Pettitt and Nat Kubo
Department of Social Work
Cal Poly Humboldt
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Community Need Statement

Youth in Humboldt County experience unique challenges associated with living in a rural community with a high rate of Adverse Childhood Experiences (ACEs), and most recently have been impacted by the community trauma inflicted by the COVID-19 global pandemic. Recent studies about the pandemic have shown its effects on children's social-emotional well-being. Our Junior Monitor program serves to provide a personalized intervention to address this need for the students at our schools.

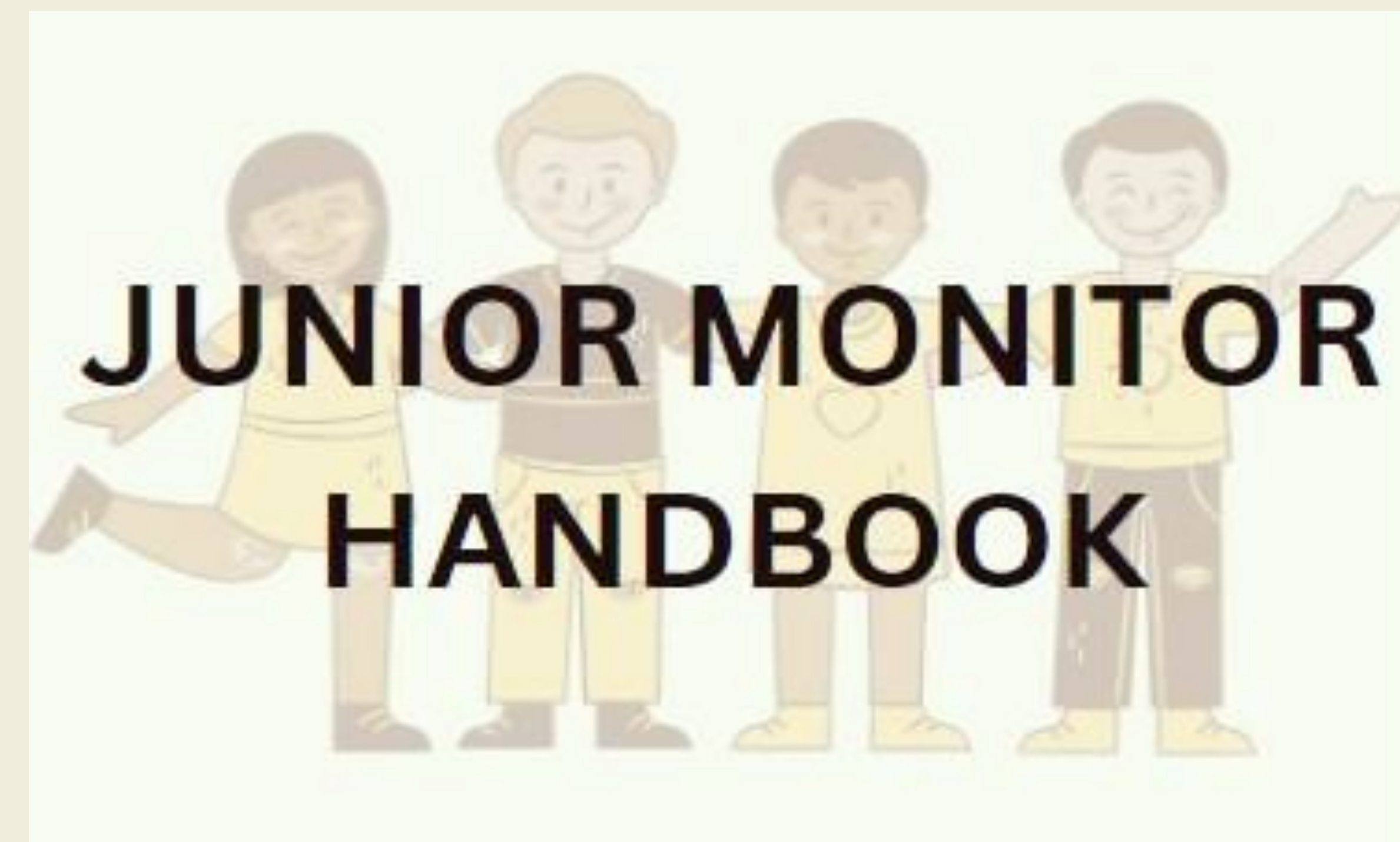
Acknowledgements

Thank you to our schools, Alice Birney and Lafayette, our principals Kristin Sobilo and Quincy Brownfield, our community partner Julie Simpson, and most importantly to our inspiring and amazing youth participants. We could not have done it without you.

Method

- Week 1: Introductions, group agreement, group name, pre-survey
- Week 2: Regulating self and others
- Week 3-4: Restorative circles and peer mentoring
- Week 5-6: Review and role play conflict resolution
- Week 7-8: Bullying prevention training
- Week 9-13: Implementation and supervision, post-survey

Project Logo



Theoretical Issues/Literature

Our project was based in theories that helped us foster protective factors and post-traumatic growth. Theories such as Developmental systems, SEL, family systems, trauma informed, strengths based, and social learning theories shaped how we planned our lessons and activities. Further, we considered the act of conflict resolution and problem solving within the context of their own personal systems as they relate to race, class, gender, etc., as well as external systems like home, school and the greater community.

Credibility Statements and References



Deliverable/Results

We created a Junior Monitor Group Handbook with copies of our curriculum for each week. This manual is intended to be used as a training guidebook to maintain consistency across schools, as well as create sustainability for future junior monitor groups. With the Junior Monitor Handbook, future school social work interns and other school staff may continue to access the curriculum and run the group with consistency.