

HSU TALENT SEARCH

Annual Newsletter for Talent Search Students • Parents • Community

What You Want Is What You Get

What do you want to know about college? To find out, we asked our Talent Search students to develop interview questions, which we then presented to local college students who are Talent Search graduates. Four college students made the time to answer to your questions.

College Students: **Leia Nowell, Greta Peterson, Saramanda Harestad, Cesar Villa**

Barbara Mills—McKinleyville Middle School—Do you have time for activities after your homework and schoolwork?

Saramanda: Yes, as long as I don't put off my homework and wait until the last minute.



Barbara Mills

Greta: Yes....the nice thing about college is that you pick your schedule, so you can work in about anything you want to.

Cesar: Of course, one can't work all day without play. Sometimes I take a study break and go hang out with friends who live on my floor or near by.

Armando Torres—Zoe Barnum High School—How do you get around campus without getting lost?

Leia: Before school starts, new students are given a tour of the campus with a map. This helps some, but what really helped me is going to the buildings where my classes were before the first day of school, so I would have some idea of where I needed to be for each class. It also helped when I marked the buildings on the map I got. After the first semester or two you get an idea of where everything is, so you don't need to map it out.

Barbara Mills—McKinleyville Middle School—What is it like living in the dorms?

Cesar: Sometimes it's pretty crazy especially on weekends, but most of the time it's cool. You meet a lot of new people.

Armando Torres—Zoe Barnum High School—What kind of classes are you taking?

Saramanda: I am taking upper General Ed classes, like health, music, biology, speech communication and P.E.

Leia Nowell: Each semester I try to take some fun classes with some not so fun classes. This way I won't have a semester of hard classes only. For instance, this semester I am taking two language classes, two PE classes, and a math class.



Armando Torres

Greta: This is my fourth semester in College and I'm STILL finishing my GE...you'll find that General Education (GE) classes are what most of your schedule is made up of your first couple years. These classes are a broad spectrum of classes from English, to Biology, to Math, and Logic. There are lots more choices however than when you were in high school. There are sections where you can choose the GE classes



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Local Talent Search Students go to Washington DC

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Answers to Common Financial Aid Questions

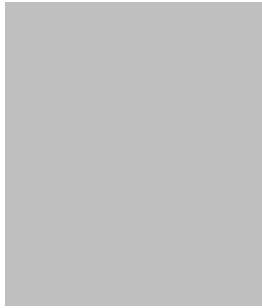
FYI -- What is a Theme?

Teens in the Workplace

Breaking Down Walls

And some stuff just for the fun of it!

A Message from the Director



R. W. Hicks, Director

In 1991, the Educational Talent Search program embarked on an ambitious mission to significantly reduce the

barriers which prevent disadvantaged students from continuing on to post-secondary education in our community. The program's task is to increase graduation rates among its high school participants, encourage dropouts to return to school, and for all eligible participants to undertake and complete a program of post-secondary education. Students are selected for the program based on their eligibility under Talent Search criteria and their ability to benefit from the support services which the program provides.

To date, the Educational Talent Search program serves more than 975 students. Our students are accomplishing the objectives we have established. 90% of our participants who graduated last year enrolled in post-secondary educational programs, compared to the county rate of 42% for the same period. It is our belief that every student's success story is the community's success story.

The program staff and I feel gratified to announce that the U.S. Department of Education has endorsed our good work by renewing funding for the program for the next four years. I cordially thank all those who have contributed their valuable skills and services to our mission.

Respectfully,

R. W. Hicks

Local Talent Search Students go to Washington DC

We are delighted to send two local juniors, Victoria Chelossi and Caleb Gribi, to Washington D.C. as our local Talent Search delegates. Victoria and Caleb will attend the Tenth National Student Leadership Congress, sponsored by the National Council of Educational Opportunity Association in June. Both Victoria and Caleb have been active participants in Talent Search since junior high. Victoria, who currently attends McKinleyville High, plans to pursue a college education in the medical field or journalism. Caleb, a South Fork High student is interested in studying marine biology after high school graduation.

Our students will attend workshops on negotiation and conflict resolution, take part in a diversity awareness seminar, participate in a mock Congress where they will study issues of importance to teens in America, and draft legislation addressing these issues. They will participate in a community service, and spend a day on Capitol Hill meeting with their Congressional Representatives to discuss the legislative process and their priorities. They'll have fun taking in the local historical sites and get to know teens from around the United States. What an opportunity!

We look forward to hearing from them both this fall about their experiences in Washington D.C.; what they learned, and how they can share their experience with other students and people in their communities.



Developed for the Washington State Attorney General's Office through a special project by Mt. Rainier High School Students, 1997.

Start the scholarship process early in the school year, or even the summer before you start college. Many companies sound very official, but be wary of people who come looking for you. Find scholarship information for yourself. The local library or bookstore has books, which contain lists of scholarships you can apply for. Many of the scholarships out there never even get applied for, so basically, the money is out there for the taking.

Never give a company your credit card or account number!

These are some common scam techniques to watch out for:

- The scholarship is guaranteed or your money back!
- You have been selected by a national foundation!
- You can't get this information anywhere else!
- We do all the work!
- You're a finalist!

Bottom Line

The scams might not be easy to pick out, but an easy way to avoid being suckered is to never trust a company until you know more about them. Most importantly, don't be tricked into giving important information about yourself!

Congratulations to 1998 Talent Search Achievers!



Kudos to **Jayson Eldridge** of McKinleyville High School for snagging the CSEA Scholarship! * Way to go **Sarah England** of McKinleyville High School for bringing home the MHS Outstanding Senior Musicians Award! * Outstanding job **Crystal Justice** of McKinleyville High School for reeling in whopper of a catch: ASB High Honors, California Scholastic Federation Life Member, CSF Scholarship, Key Club Scholarship, Mark E. Reed Scholarship, MHS Outstanding Senior Musicians Award, President's Education Award, and University of the Pacific Scholarship! * High five to **Angela Lindsey** of Fortuna High School for her double catch: Ermel K. Buck Scholarship, and Frank C. Page Scholarship! * Great job **Jennifer McCormack** of Eureka High School for her triple score: Cox Communications Humboldt Scholarship, Emily Poindexter Jacobs Scholarship, Horatio Alger Association~Mary Kay Foundation Scholarship! * Most excellent work **Sarah Nieto** of Fortuna High School for earning the Youth Ambassador Scholarship! * Three cheers for **Allison North** of Arcata High for winning the national Judy A. Murphy Scholarship essay contest, sponsored by the National Cooperative Bank! * Outstanding job **Chad Pond** of

Eureka High School for your triple awards: California Polytechnic University Scholarship, Northern California Scholarship Foundation, Times Standard Super Students! * Way to go **Starr Price** of Eureka High School for bringing in the Union College Academic Scholarship! * Congrats to **Holly Reed** of McKinleyville High School for bringing home the MHS S-Club Scholarship! * Impressive work, **Tori Reed** of McKinleyville High School, for nailing the MHS Drama

Award, and the Pacific Lumber Company Scholarship! * Nice job **Davena Thompson** of McKinleyville High School for earning the Juanette Van Emmerik Memorial Scholarship! * High five to **Lisa Wilber** of South Fork High School for snagging the Scholastic Awards in Mythology and Media! * Way to go **Adam Woods** for nailing the MHS Drama Award! Congratulations to the outstanding class of 1998! It was a pleasure working with you!

Common Financial Aid Questions



How do I apply?

- ✓ For 1999-2000, you must apply using an original FAFSA
- ✓ You can get a paper FAFSA from your high school, colleges, or counselor.
- ✓ You can also apply on the Internet:
www.fafsa.ed.gov

When do I apply?

- ✓ For 1999-2000, you should apply as soon after January

1, 1999 as possible.

- ✓ For 2000-2001, you should apply as soon after January 1, 2000 as possible.
- ✓ Do not sign, date or mail (transmit) FAFSA before January 1. If you do, your application will not be processed, and you must reapply.

What types of financial aid are available?

- ✓ Grants—aid that does not have to be repaid.
- ✓ Scholarships—aid that does not have to be repaid.
- ✓ Work-Study—aid that is earned from employment.
- ✓ Loans—aid that must be repaid with interest.

Everyone Loves to Trash Teenagers, Right?

Maybe they don't realize that we do care, that we can make a difference. Get involved in crime prevention. Clean up parks. Teach younger kids. Start a school or neighborhood watch and help make your community safer and better for everyone.

Prove them wrong by doing something right.

20 Ideas for Doing Something Right

- 👉 Set up a group for teens to share problems and solutions.
- 👉 Film anti-crime commercials!
- 👉 Hold a rally against drugs and violence.
- 👉 Set up a study space for use after school.
- 👉 Build a nature trail for youth with special needs.
- 👉 Recruit other teens to join your group rather than a gang.
- 👉 Put up crime prevention posters at malls.
- 👉 Paint murals to discourage graffiti.
- 👉 Plan and staff summer recreation programs for young children.
- 👉 Put on drug-free events to celebrate holidays.
- 👉 Join a group that builds or renovates housing for low-income or homeless families.
- 👉 Start a teen court in your school.
- 👉 Practice and teach street smarts.
- 👉 Do peer counseling.
- 👉 Be a tutor or mentor to a younger person.
- 👉 Show your acceptance of people who are different from you.
- 👉 Clean up your community.
- 👉 Start a conflict resolution program in your school.
- 👉 Volunteer at a homeless shelter, preschool, or senior center.

5 Steps for Getting Active

You can either find a group or get one together. You can join something that's already there like an after-school program at your school, Boys & Girls Clubs, 4-H, Scouts, YMCA or YWCA, or Camp Fire. If you need help finding out what's around, talk to someone at Redwood Community Action Agency, in your school, family, place of worship, police station, or recreation center. What if you already belong to a group like a soccer team, drama club, dance group church youth group? Your soccer team could challenge a police officers' team and give the proceeds to a women's shelter.

How to get started:

1. Decide what your project is going to be.
2. Plan what you're going to do, and each step you're going to take to get there.
3. Get what you need: people to do the work, materials, transportation, meeting space, food, photocopies, money, publicity, and the support of adults.
4. Check your progress once your project is going. Get the message out. And when you're done — share your success in your school or local newspaper. Then celebrate!

Teens in the Workplace

Here are some key findings from recent research that looked at the issue of teenagers and after-school work:

Student achievement: Researchers are divided over whether an after-school job lowers a student's grades. But, according to some studies, students who work excessively long hours devote less time to homework, attend school less faithfully, and are less committed to their schooling than are non-working students.

Educational goals: Students who work long hours tend to have lower educational aspirations than non-working students, but researchers disagree over whether those students may have set their sights low to begin with.

The importance of 'good' jobs: Low-stress jobs in which students learn new skills, assume responsibility, and work under adult guidance may offer some positive benefits. Newer studies

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Just 4 Laughs

When a cow laughs, does milk come up its nose?

How did a fool and his money GET together?

If nothing sticks to Teflon, how do they stick Teflon on the pan?

How do they get a deer to cross at that yellow road sign?

What's another word for thesaurus?

Does fuzzy logic tickle?

When it rains, why don't sheep shrink?

Adolescent Health & Mental Health

Teen Advice? What's that?

By Michael Feniechel

Those of us who either are or were once teenagers, recall the teen years as a time of transition, a time of social, school and family changes. Adolescence is both an exciting and challenging time in our lives, a time which may also be challenging for parents and teachers, who sometimes forget what it's like to be a teen. Very few of us simply grow into our new adult bodies and roles without "going through changes" of one sort or another. Experience and research both demonstrate that teens, however, do not typically go looking for "advice," especially from grown-ups.

This is a time to try out new roles, new clothes, and new behaviors, and the most important feedback teens are influenced by, is that of peers.

"He thinks you're cute."

"I shoot better than Michael Jordan!"

"You're ugly."

"You're stupid."

"You're cool."

...All these words coming from a peer can make a world of difference in how we see ourselves, our "self-image," or "self-concept."

Over the teen years, our idea of who our self is— smart or slow, popular or lonely, loved or unwanted, healthy or fragile— all contribute to our efforts to develop "self-esteem," "self confidence," and all the other positive attributes which lead to a successful life as an adult.

Teens tend to "do their thing" (if they know what that thing is) and to seek "advice" from peers, either directly or indirectly. Direct advice might come from a "best friend" or a social group, which sometimes leads to "peer pressure." Sometimes we learn from role models, both positive and negative. Indirectly, we learn what is "cool" from watching others in school, in the neighborhood, and in our families— in addition to everything we see on the movie and television screen. Just what is a teenager expected to do?

I have learned from my years of working with teens every day, that while it is true that all of us are more like each other than

different, there is an incredible range of experience among today's teens. Intact families are the exception rather than the rule. Although the future looks good for many, others have no other dreams except a new bicycle or a new pair of sneakers. Much to their credit, teens today are aware of how hard it is for many to deal with everyday life, much less the pressures of school, or "being popular." But somehow we all manage to get through it, and in the process we make best friends for life, and learn to trust and to love and sometimes if we keep working at it, our dreams do come true!

JUSTICE NOW:

Walls People Build Between People

Judging people based on stereotypes is a no brainer. Because the person doing the judging is not using any brain power. You can't know anything that really matters about a person just by looking at them. We all know this stuff already, so how come we get sucked in by stereotypes? Such as :

Skinny kids with glasses are smart.

Tall guys are into basketball.

Girls with blond hair are dense.

People with red hair get angry easily.

None of these makes any sense. Stop and think about it for a minute... you'll probably come up with a bunch of others that also make no sense.

Stereotypes based on looks just build walls between people. The same is true about stereotypes based on nationality, religion, sexual orientation, and occupation. When you hear statements Such as:

All Asians are...

All gays are...

All Muslims are...

All lawyers are...

All women are...

All men are...

Are you automatically filling in the blank? If you are, then you've bought into a stereotype. And stereotypes are a lie because while some things may be true for some members of every group, nothing is true for all members of any one group. As long as you believe these lies, you're contributing to the walls between people and keeping the world divided, and afraid.

What You Want

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you want to take out of each section. I try to balance GE classes with elective classes, that makes it more fun and interesting.

Cesar: Right now, I'm taking: Beginning Piano, English, Math, Pre-Calculus, Basketball, World Religions, and Speech Communications

Elizabeth Ruskin—Eureka High—
Is it hard to get the classes you want?



Saramanda Harestad

Saramanda: When you are a freshman it is somewhat hard, but you usually get all the classes you want.

Leia: Many times I have had classes close before I register, and I go talk to the teacher and usually get in. Also, the longer you go to college, the sooner you get to register and the better your chances are of getting the classes you want/ need.

Greta: As a freshman it was, because they register last...but it doesn't really matter because at that point there's so many classes you have to take for GE that you can find some sort of schedule that works.

Cesar: As a freshman yes, but you never know what classes you really want until you have taken them. And there are so many classes to pick from that sooner or later you will probably end up taking the classes that you wanted or other class that you thought you didn't want but end up enjoying.

Brian Wilson—Zoe Barnum High School—
What do you like/dislike about college?

Saramanda: I like becoming more

knowledgeable, meeting new people and finding out what my interests are.

Leia: There are so many interesting classes that students can take and so many interesting people to meet, which makes college fun. The semesters are too short to fit everything the professor wants to teach in. It is hard to learn everything in such a short amount of time.

Greta: College is hard work, but I like the challenge. I think I like mostly how everyone is pretty much on the same level. We're all students there to get a degree and some pretty good friendships are made during study sessions, classes, etc....

Cesar: I like the new things I learn and I'm exposed to. I also like being around a whole bunch of people who are intelligent and like to party. I don't really like the food too much or the long midterms and finals.

Ian Baetge—McKinleyville Middle School—
Do you like making your own decisions?



Ian Baetge

Saramanda: YES

Leia: Yes, although sometimes it is hard with the big decisions, but I can always ask for input.

Greta: Of course....this is my life and no one else is going to run it!

Cesar: Yes, I have been making my own decisions for a while now but of course I like making my own decisions because I'm the one responsible for myself.

Brian Wilson—Zoe Barnum High School—
What do you do for fun in your spare time?

Saramanda: I like to snowboard, read

books, watch movies, and go out with friends.

Leia: In the spare time that I actually have, I like to go to movies and hang

Greta: What spare time? Ha ha... I don't have much spare time, going to school full-time and going to work part-time. But when I do have spare time, I like to go out dancing, or take dance classes, or just get out of town and go to the city.

Cesar: Party, hang out with my friends, my roommate, and floor mates. There is also a weight room and recreational spots open for everyone.

Tyler Egerer—Eureka High—
What aspect of Talent Search helped you the most?

Leia: Talent Search helped me fill-out what seemed to be an endless stream of applications. They also helped me pick out the classes I needed to go to college.

Greta: The information they gave on Financial aid, and the support of the counselors and tutors.

Christina McFarland—Eureka High—
How has the information in Talent Search been relevant in college?



Leia Nowell

Leia: Talent Search introduced me to EOP (Educational Opportunity Program) which is very similar to Talent Search. Through EOP I got more money and free tutoring in just about any class. Also, Talent Search made me think more about how I could go to college.

Greta: It prepared me in terms of what to expect and how to get what I want in

What You Want

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the way of financial aid and scholarships. It also gave me a bit more confidence than I started out with about entering college for the first time.

Cesar: The study techniques and the time management workshops were very helpful. You will need those skills in college in order to succeed.

Tyler Egerer—Eureka High—What did you gain from your Talent Search experience?

Saramanda: I was able to experience what college life was really like when I did upward bound at Cal Lutheran.

Greta: A basic understanding of what college would be like and what to expect.

Leia: Talent Search opened up new opportunities and helped me through high school up until college.

Cesar: Talent Search made me realize that college was definitely what I wanted in my life. At first I wasn't sure if I would have the money to go to college or if I even wanted to go to college but my advisor gave me a lots of support; any questions I had, she would look into and inform me.

Workplace Teens

Continued from page 4

suggest that such jobs produce greater feelings of self-esteem and psychological well-being in teenagers and land them better-paying work after high school.

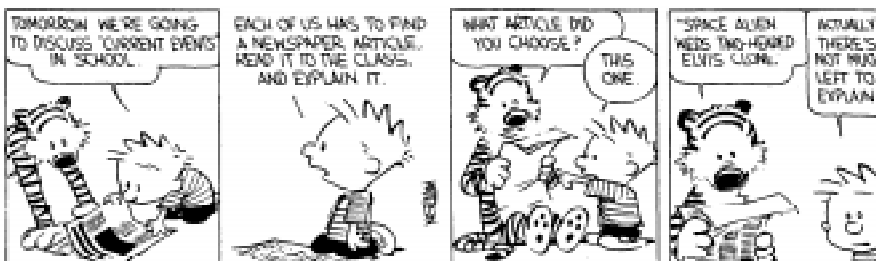
Spending habits: Working teenagers tend to spend their after-school earnings on such things as cars and car insurance, and clothing and entertainment, rather than saving for college or helping support their families.

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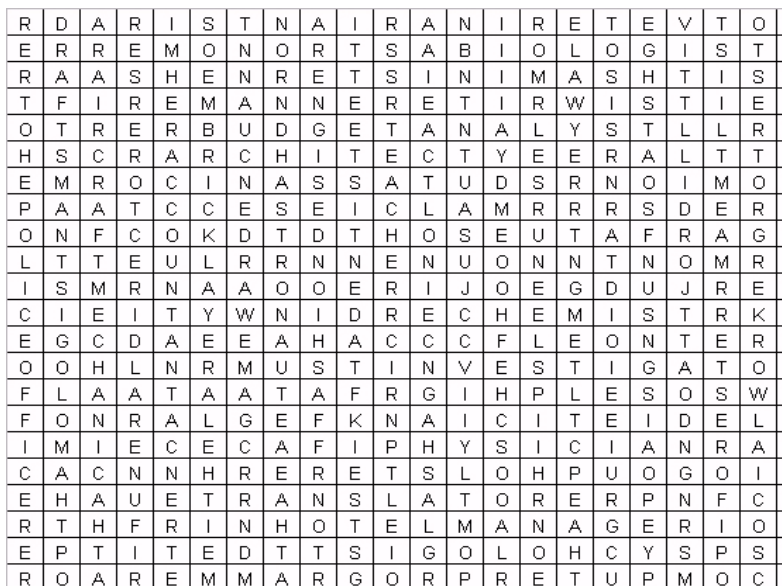
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Careers Word Search

Many of the careers listed in the word search below are from the desires expressed by Talent Search students. Career letters run vertically, horizontally, diagonally, forward and backward. This is a limited list of all the careers available, but they may give you some ideas of jobs to investigate further when considering a career. You aren't sure what a listed career is, look it up in the dictionary. It may be just what you are looking for!

- | | | | |
|---------------------------|---------------|-------------------|--------------------|
| 1. Accountant | 11. Chef | 21. Game Warden | 31. Physician |
| 2. Aircraft Mechanic | 12. Chemist | 22. Hotel Manager | 32. Police Officer |
| 3. Air Traffic Controller | 13. Architect | 23. Investigator | 33. Psychologist |
| 4. Computer Programmer | 14. Dentist | 24. Journalist | 34. Social Worker |
| 5. Fashion Designer | 15. Dietician | 25. Judge | 35. Teacher |
| 6. Funeral Director | 16. Draftsman | 26. Lawyer | 36. Translator |
| 7. Astronomer | 17. Artisan | 27. Minister | 37. Upholsterer |
| 8. Biologist | 18. Fireman | 28. Nurse | 38. Veterinarian |
| 9. Bricklayer | 19. Forester | 29. Opthamologist | 39. Writer |
| 10. Budget Analyst | 20. Astronaut | 30. Photographer | |



Educational Talent Search

1999

Newsletter

Educational Talent Search Staff

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Cheryl Ash - Counselor

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Kristi Krueger - Counselor

Cary Bellak - Data Research Technician/Analyst

Judith Wyland - Office Manager

Educational Talent Search

Talent Search is a pre-college program for 6th-12th grade students. With more than 1,000 local students involved, the purpose of Talent Search is to help students improve their academic standing, and attend the college of their choice.

Workshops offered at the students' schools include information on:

- **College Preparedness**
- **Careers**
- **Study Skills**
- **Financial Aid**

Activities include special seminars for parents, campus tours and group tutoring. Talent Search serves students who are the first in their family to attend college, or who come from low income families.

Services are offered at the following schools:

Hoopa Valley High School	Fortuna High School
McKinleyville High School	South Fork High School
Peninsula Union School	Eureka High School
Hoopa Valley Elementary	Zoe Barnum High School
Trinity Valley Elementary	Miranda Junior High School
McKinleyville Elementary	Fortuna Elementary
Pacific Union Elementary	Toddy Thomas School
Blue Lake Elementary	Winship Junior High School
Sunny Brae Middle	Zane Junior High School

Talent Search is a federal TRIO program. TRIO legislation was enacted in 1965 by Congress to provide educational opportunity for all Americans regardless of ethnicity or income.



Educational Talent Search
Humboldt State University
Arcata, CA 95521-8299

**Other opportunities available to
Talent Search Participants:**

NorCal Student Leadership Conference

Upward Bound Math/Science programs:

University of Hawaii

UC Santa Cruz, San Diego

Embry Riddle, Arizona

Cal Lutheran, Southern Cal

Call 826-4791 for information.