

What you can do

If someone you know is experiencing harassment or violence, you can:

- ✘ Support them
- ✘ Ask them what they want or need
- ✘ Listen without judgment
- ✘ Believe them
- ✘ Provide appropriate resources
- ✘ Respect their space & personal power
- ✘ If the harassment or violence has been sexualized in any way, contact the North Coast Rape Crisis Team for free and confidential support, services & information
- ✘ Know that your school or workplace has an obligation to safeguard against harassment, violence and hate crimes
- ✘ Stand up for others

If you have experienced sexualized harassment or violence, you can:

- ✘ Know IT'S NOT YOUR FAULT
- ✘ Contact the North Coast Rape Crisis Team for confidential, free support and information
- ✘ Know that whatever you decide to do, you have a right to be safe and to be supported in asserting your rights ~ We are here to BELIEVE YOU and honor your decisions.

Contacts

North Coast Rape Crisis Team

collect calls accepted

24-hr line 707-445-2881

TTY line 707-443-2738*

Business line 707-443-2737*

*available Mon-Fri 8:30-5

Department of Fair Employment & Housing
(DFEH) 1-800-884-1684

Equal Employment Opportunity Commission
1-800-669-4000

Office of Civil Rights
415-437-8310

Humboldt County Human Rights Commission
707-268-2548 or 1-866-809-4373

College of the Redwoods

Human Resources (707) 476-4141

EOPS Office (707) 476-4270

Humboldt State University

Human Resources (707) 826-7358

Office of Diversity & Compliance (707) 826-4501

Office of VP for Student Affairs (707) 826-3361

Multicultural Center (707) 826-3364

Eric Rofes Center (707) 826-3795

Women's Resource Center (707) 826-4216

*What's Hate
Got To Do
With It?*

*Intersections of
Sexualized Violence
Oppression & Hate*

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Developed and designed by the
North Coast Rape Crisis Team

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Oppression

OPPRESSION ~ "To keep down by unjust use of force or authority." Oppression can manifest through:

- ✗ white supremacy
- ✗ culturalism
- ✗ patriarchy
- ✗ sexism
- ✗ transphobia
- ✗ heterosexism
- ✗ nationalism
- ✗ classism
- ✗ ageism
- ✗ racism
- ✗ religious bigotry
- ✗ misogyny
- ✗ genderism
- ✗ homophobia
- ✗ ableism
- ✗ militarism
- ✗ others not listed

OPPRESSION ~ "The negative outcome experienced by people targeted by the cruel exercise of power in a society or social group . . . identity built by antagonism to the other . . . derives from the idea of being 'weighted down'." Oppression is built on misinformation and fear.

SEXUALIZED VIOLENCE can be used as a WEAPON OF OPPRESSION to maintain a negative "norm" or system of power.

*It's About
Power, Control,
Unearned Privilege
& sense of
Entitlement!*

Hate & Hate Crimes

HATE CRIMES are considered to victimize not only the immediate target but every member of the group that the immediate target represents. A bias-motivated offense can cause a broad ripple of discomfort or fear among members of a targeted group and a violent hate crime can act to quickly spread feelings of terror across an entire community.

HATE CRIMES often include SEXUALIZED VIOLENCE as a method to degrade, demoralize & assert power over another.

*Guess what, It's About
Power,
Control, Privilege
and a sense of
Entitlement!*

Criminal acts motivated by prejudice may carry far more consequences than other types of criminal acts because they affect not only the individual but all.

Sexualized Violence at the Intersections of Race, Gender Orientation . . .

SEXUAL ASSAULT or ABUSE is always a violation and no one ever deserves it. That it disproportionately happens to women, reflects underlying attitudes such as genderism, sexism or male privilege which promote violence against women. Survivors of any gender identity may face the effects of any of the "isms" tolerated by our society.

Now, imagine a survivor marginalized by "isms" attempting to receive assistance, seek justice, be believed. Imagine the layers of pressure and sense of isolation one might feel.

*Again . . . It's About
Power, Control,
Unearned Privilege
& sense of Entitlement!*

community RESPONSES to the violence can be used as a tool of an oppressor & can manifest based on stereotypes & erroneous expectations about gender, sex, orientation, race, ethnicity, culture, age, abilities, socio-economic status . . .

OPPRESSION & HATE makes room for VIOLENCE & VIOLENCE ENFORCES OPPRESSION & HATE.