

Cal Poly Humboldt.

Voluntary Respirator Use Form

Name: _____

Department: _____

Date: _____

When half face respirator is used for performing duties at Cal Poly Humboldt voluntarily, the employee must be provided a copy of Appendix D, Title 8, Section 5144: (Mandatory) Information for Employees Using Respirators When Not Required Under the Standard.

Prior to allowing the half face respirator to be used, the employee must complete the [medical questionnaire](#) and submit to Mad River Occupational Health for review to ensure the use of the respirator itself will not create a hazard. The respirator should be stored, maintained, and cleaned in accordance with manufacturer's recommendations.

Please contact EH&S for additional questions or concerns regarding respirators at risk-management@humboldt.edu

Review Below: Appendix D, CCR, Title 8, Section 5144: (Mandatory) Information for Employees Using Respirators When Not Required Under the Standard

Respirators are an effective method of protection against designated hazards when properly selected and worn. Respirator use is encouraged even when exposures are below the exposure limit, to provide an additional level of comfort and protection for workers. However, if a respirator is used improperly or not kept clean, the respirator itself can become a hazard to the worker. Sometimes, workers may wear respirators to avoid exposures to hazards, even if the amount of hazardous substance does not exceed the limits set by OSHA standards. If your employer provides respirators for your voluntary use, or if you provide your own respirator, you need to take certain precautions to be sure that the respirator itself does not present a hazard.

You should do the following:

1. Read and heed all instructions provided by the manufacturer (and EH&S) on use, maintenance, cleaning and care, and warnings regarding the respirators limitations.
2. Choose respirators certified for use to protect against the contaminant of concern. NIOSH, the National Institute for Occupational Safety and Health of the U.S. Department of Health and Human Services, certifies respirators. A label or statement of certification should appear on the respirator or respirator packaging. It will tell you what the respirator is designed for and how much it will protect you.
3. Do not wear your respirator into atmospheres containing contaminants for which your respirator is not designated to protect against. For example, a respirator designed to filter dust particles will not protect you against gases, vapors or very small solid particles of fumes or smoke.
4. Keep track of your respirator so that you do not mistakenly use someone else's respirator.

Employee Signature

Date