

GEAR Guide for Students

Guide to General Education and
All-University Requirements

H.



COMPLETE EACH SECTION TO MEET
YOUR REQUIREMENTS FOR GRADUATION

GOLDEN FOUR

- English Composition (3 units)
- Critical Thinking (3 units)
- Oral Communication (3 units)
- Mathematical Concepts & Quantitative Reasoning (3 units)

ARTS & HUMANITIES

- Arts (3 units)
- Humanities (3 units)

PHYS & BIO SCIENCES

- Physical Science (3 units)
- Biological Science (3 units)
- Laboratory (1 unit)*
 - *May be embedded in 5A or 5B course, as long as 7 units met for lower-division Subject Area 5.

SOC AND BEHAV SCIENCES

- One Course (3 Units)
- One Course (3 Units)

ETHNIC STUDIES

- One course (3 units)

UPPER DIVISION

- Area 5 Science or Area 2 Mathematical Concepts/Quantitative Reasoning (3 units)
- Area 3 Arts or Humanities (3 units)
- Area 4 Social and Behavioral Sciences (3 units)

ALL UNIVERSITY REQUIREMENTS

Students must also complete the following:

- American Institutions (6 units)
- Diversity and Common Ground (6 units)
- Graduation Writing Assessment Requirement (GWAR)

Scan to
visit the
GEAR site



REACH YOUR SUCCESS!

Work with an advisor to compose your GEAR plan in DARS. Planning ahead ensures you graduate on-time!

General Education & All-University Requirements (GEAR) | Cal Poly Humboldt | Fall 2025